

VAL JONGERENTROFEE MEERKAMPEN

ZONDAG 28 MEI 2017 VILVOORDE ATLETIEK CLUB

vierkamp Ben Dames Uur=17:49

Reeks:1

1	1298	Dewil Mirte	BONH	1108p	8
2	228	Servais Eline	WS	1053p	9
3	1933	Flamez Marit	RCT	977p	8
4	1903	Crauwels Emma	BONH	898p	8
5	1904	Soetens Ella	BONH	893p	8
6	2307	Robion Jisse	ACKO	849p	8
7	1175	Nange Délia	ACKO	826p	9
8	2414	Van Loo Nore	ROBA	813p	8
9	2273	Ryckaert Juno	DAC	693p	8
10	1452	Haydara Awa	GRIM	685p	8
11	1990	Heymans Ines	ATLE	679p	8
12	9995	Anouk Casier	Olym	620p	0
13	1241	Storms Imke	ROBA	602p	9
14	2379	Condic-Begov Ella	DAC	597p	8
15	2113	Van Neygen Nona	DAC	581p	9
16	1242	Laplume Alexa	ROBA	546p	8
17	1301	De Leersnyder Jo	BONH	499p	8
18	2082	De Smet Roxanne	DAC	486p	9
19	839	Pauwels Anouck	BONH	440p	9
20	2256	Stroobants Marie Elise	DAC	438p	9
21	1985	Dohmen Willow	ATLE	385p	8
22	1295	Laureys Finne	BONH	295p	9
23	2705	Gabrielsson Ida	VAC	262p	9
24	1161	Van Riet Selene	GRIM	222p	8
25	2584	Sacré Lily	MAC	214p	8
26	1948	De Ghein Nette	SPVI	131p	9
27	1313	Breynaert Fleur	ACP	131p	9
28	1371	Bellemans Fien	DCLA	79p	9

60 meter Ben Dames Uur=13:20

Reeks:1

1	228	Servais Eline	WS	10.25	9	371 P
2	1175	Nange Délia	ACKO	10.49	9	323 P
3	9995	Anouk Casier	Olym	10.83	0	261 P
4	839	Pauwels Anouck	BONH	10.97	9	237 P
5	2379	Condic-Begov Ella	DAC	11.24	8	194 P
6	2705	Gabrielsson Ida	VAC	12.04	9	89 P
7	1948	De Ghein Nette	SPVI	12.84	9	22 P

60 meter	Ben Dames Uur=13:20					
Reeks:2						
1	1933	Flamez Marit	RCT	10.42	8	337 P
2	2113	Van Neygen Nona	DAC	10.63	9	297 P
3	1452	Haydara Awa	GRIM	10.89	8	250 P
4	1241	Storms Imke	ROBA	11.36	9	176 P
5	1242	Laplume Alexa	ROBA	11.68	8	132 P
6	1295	Laureys Finne	BONH	11.97	9	97 P
7	2256	Stroobants Marie Elise	DAC	12.05	9	88 P
8	1313	Breynaert Fleur	ACP	12.93	9	17 P

60 meter	Ben Dames Uur=13:20					
Reeks:3						
1	2273	Ryckaert Juno	DAC	10.47	8	327 P
2	2307	Robion Jisse	ACKO	10.49	8	323 P
3	2414	Van Loo Nore	ROBA	10.71	8	282 P
4	2082	De Smet Roxanne	DAC	11.54	9	150 P
5	2584	Sacré Lily	MAC	12.12	8	81 P
6	1161	Van Riet Selene	GRIM	12.49	8	46 P
7	1371	Bellemans Fien	DCLA	12.6	9	38 P

60 meter	Ben Dames Uur=13:20					
Reeks:4						
1	1298	Dewil Mirte	BONH	10.33	8	355 P
2	1904	Soetens Ella	BONH	10.39	8	343 P
3	1903	Crauwels Emma	BONH	10.82	8	263 P
4	1990	Heymans Ines	ATLE	11	8	232 P
5	1301	De Leersnyder Jo	BONH	11.05	8	224 P
6	1985	Dohmen Willow	ATLE	11.85	8	111 P

hockeywerpen	Ben Dames Uur=14:57					
Reeks:1						
1	1933	Flamez Marit	RCT	16.54m	8	108 P
2	1241	Storms Imke	ROBA	16.07m	9	102 P
3	2414	Van Loo Nore	ROBA	15.50m	8	95 P
4	1452	Haydara Awa	GRIM	15.02m	8	89 P
5	1990	Heymans Ines	ATLE	14.36m	8	81 P
6	839	Pauwels Anouck	BONH	13.56m	9	71 P
7	1985	Dohmen Willow	ATLE	13.38m	8	69 P
8	1903	Crauwels Emma	BONH	12.92m	8	63 P
9	2256	Stroobants Marie Elise	DAC	12.88m	9	63 P
10	1904	Soetens Ella	BONH	12.85m	8	62 P
11	1161	Van Riet Selene	GRIM	12.53m	8	59 P
12	2113	Van Neygen Nona	DAC	12.44m	9	57 P
13	1298	Dewil Mirte	BONH	12.21m	8	55 P
14	2307	Robion Jisse	ACKO	12.07m	8	53 P
15	1175	Nange Délia	ACKO	12.02m	9	52 P
16	1242	Laplume Alexa	ROBA	11.79m	8	50 P
17	228	Servais Eline	WS	11.14m	9	42 P
18	9995	Anouk Casier	Olym	9.47m	0	22 P

19	1948	De Ghein Nette	SPVI	9.12m	9	18 P
20	2273	Ryckaert Juno	DAC	9.10m	8	17 P
21	2379	Condic-Begov Ella	DAC	8.70m	8	13 P
22	2584	Sacré Lily	MAC	8.41m	8	9 P
23	1301	De Leersnyder Jo	BONH	8.15m	8	7 P
24	2082	De Smet Roxanne	DAC	8.00m	9	5 P
25	1295	Laureys Finne	BONH	7.79m	9	3 P
26	1371	Bellemans Fien	DCLA	7.24m	9	0 P
27	2705	Gabrielsson Ida	VAC	7.02m	9	0 P
28	1313	Breynaert Fleur	ACP	6.70m	9	0 P

verspringen Ben Dames Uur=17:09

Reeks:1

1	1298	Dewil Mirte	BONH	3.25m	8	189 P
2	1933	Flamez Marit	RCT	3.22m	8	183 P
3	1904	Soetens Ella	BONH	3.15m	8	170 P
4	2307	Robion Jisse	ACKO	3.15m	8	170 P
5	1241	Storms Imke	ROBA	3.05m	9	151 P
6	1175	Nange Délia	ACKO	3.04m	9	149 P
7	2414	Van Loo Nore	ROBA	3.02m	8	145 P
8	1452	Haydara Awa	GRIM	3.02m	8	145 P
9	2379	Condic-Begov Ella	DAC	3.00m	8	141 P
10	228	Servais Eline	WS	2.97m	9	136 P
11	839	Pauwels Anouck	BONH	2.95m	9	132 P
12	1903	Crauwels Emma	BONH	2.91m	8	125 P
13	2256	Stroobants Marie Elise	DAC	2.91m	9	125 P
14	9995	Anouk Casier	Olym	2.90m	0	123 P
15	2082	De Smet Roxanne	DAC	2.84m	9	113 P
16	2273	Ryckaert Juno	DAC	2.74m	8	96 P
17	1242	Laplume Alexa	ROBA	2.71m	8	91 P
18	1301	De Leersnyder Jo	BONH	2.65m	8	82 P
19	1990	Heymans Ines	ATLE	2.64m	8	80 P
20	1313	Breynaert Fleur	ACP	2.57m	9	69 P
21	2113	Van Neygen Nona	DAC	2.55m	9	66 P
22	2705	Gabrielsson Ida	VAC	2.52m	9	62 P
23	1948	De Ghein Nette	SPVI	2.50m	9	59 P
24	1295	Laureys Finne	BONH	2.42m	9	48 P
25	1371	Bellemans Fien	DCLA	2.37m	9	41 P
26	1161	Van Riet Selene	GRIM	2.36m	8	40 P
27	2584	Sacré Lily	MAC	2.31m	8	34 P
28	1985	Dohmen Willow	ATLE	2.30m	8	33 P

600 meter Ben Dames Uur=17:48

Reeks:1

1	1298	Dewil Mirte	BONH	2'03.85	8	509 P
2	228	Servais Eline	WS	2'04.20	9	504 P
3	1903	Crauwels Emma	BONH	2'08.27	8	447 P
4	1933	Flamez Marit	RCT	2'15.96	8	349 P
5	1904	Soetens Ella	BONH	2'18.62	8	318 P
6	2307	Robion Jisse	ACKO	2'19.88	8	303 P

7	1175	Nange Délia	ACKO	2'20.04	9	302 P
8	2414	Van Loo Nore	ROBA	2'20.96	8	291 P
9	2273	Ryckaert Juno	DAC	2'24.49	8	253 P
10	9995	Anouk Casier	Olym	2'28.46	0	214 P
11	1452	Haydara Awa	GRIM	2'29.85	8	201 P
12	1241	Storms Imke	ROBA	2'32.95	9	173 P
13	2113	Van Neygen Nona	DAC	2'34.34	9	161 P
	839	Pauwels Anouck	BONH	NG	9	0 P

600 meter Ben Dames Uur=17:48

Reeks:2

1	1990	Heymans Ines	ATLE	2'21.41	8	286 P
2	1242	Laplume Alexa	ROBA	2'22.62	8	273 P
3	2379	Condic-Begov Ella	DAC	2'24.95	8	249 P
4	2082	De Smet Roxanne	DAC	2'28.03	9	218 P
5	1301	De Leersnyder Jo	BONH	2'31.49	8	186 P
6	1985	Dohmen Willow	ATLE	2'33.02	8	172 P
7	2256	Stroobants Marie Elise	DAC	2'34.29	9	162 P
8	1295	Laureys Finne	BONH	2'36.05	9	147 P
9	2705	Gabrielsson Ida	VAC	2'40.81	9	111 P
10	2584	Sacré Lily	MAC	2'43.98	8	90 P
11	1161	Van Riet Selene	GRIM	2'46.14	8	77 P
12	1313	Breynaert Fleur	ACP	2'52.07	9	45 P
13	1948	De Ghein Nette	SPVI	2'55.08	9	32 P
14	1371	Bellemans Fien	DCLA	3'15.95	9	0 P

vierkamp Ben Heren Uur=17:10

Reeks:1

1	9998	Roan Fieret	NA	1343p	0	
2	7900	De Pooter Jules	SPVI	1319p	9	
3	6951	Haesaert Vincent	ACKO	1176p	8	
4	8449	Lecat Adam	VAC	1154p	8	
5	7877	Flamez Thies	RCT	1120p	8	
6	8573	Ogbeide Jalen	DAC	1105p	9	
7	6800	De Ridder Larsen	LOND	978p	8	
8	8150	Van Havere Ruben	SPVI	948p	8	
9	7837	Smeets Arnaud	BERT	921p	9	
10	6626	Van Hoyer Joren	ACKO	911p	8	
11	7880	Vanden Branden Fred	MAC	795p	8	
12	7188	Van Goethem Maxim	BONH	747p	8	
13	8430	Verhoeven Thor	VAC	721p	9	
14	7478	Van Steen Jef	VAC	701p	9	
15	8550	Pinxten Dieter	VAC	627p	8	
16	8105	Mrabet Ali	VAC	623p	8	
17	8336	Van Vlasselaer Ruben	GRIM	603p	8	
18	8151	De Vlaminck Lennon	VITA	599p	9	
19	8654	Van Bellinghen Io	DAC	525p	9	
20	8273	Vanden Eynde Menno	DAC	521p	8	
21	8357	De Saeger Lukas	DAC	509p	8	
22	8114	Thielemans Anthony	GRIM	490p	8	

23	7202	Desmet Robbe	ACP	14p	8	
60 meter		Ben Heren Uur=13:31				
Reeks:1						
1	8449	Lecat Adam	VAC	9.84	8	459 P
2	7900	De Pooter Jules	SPVI	10.19	9	383 P
3	6951	Haesaert Vincent	ACKO	10.46	8	329 P
4	6626	Van Hoye Joren	ACKO	10.6	8	302 P
5	7478	Van Steen Jef	VAC	10.94	9	242 P
6	8151	De Vlaminck Lennon	VITA	11.31	9	183 P
7	8114	Thielemans Anthony	GRIM	11.45	8	163 P
60 meter		Ben Heren Uur=13:31				
Reeks:2						
1	7877	Flamez Thies	RCT	10.11	8	400 P
2	6800	De Ridder Larsen	LOND	10.28	8	365 P
3	7837	Smeets Arnaud	BERT	10.47	9	327 P
4	8654	Van Bellinghen Io	DAC	11.46	9	161 P
5	8273	Vanden Eynde Menno	DAC	11.51	8	154 P
6	8105	Mrabet Ali	VAC	11.73	8	125 P
7	8357	De Saeger Lukas	DAC	12.28	8	65 P
8	7202	Desmet Robbe	ACP	14.33	8	0 P
60 meter		Ben Heren Uur=13:31				
Reeks:3						
1	8573	Ogbeide Jalen	DAC	9.79	9	470 P
2	9998	Roan Fieret	NA	10.17	0	387 P
3	8336	Van Vlasselaer Ruben	GRIM	10.71	8	282 P
4	8150	Van Havere Ruben	SPVI	10.86	8	256 P
5	7880	Vanden Branden Fred	MAC	10.88	8	252 P
6	7188	Van Goethem Maxim	BONH	10.96	8	239 P
7	8550	Pinxten Dieter	VAC	11.02	8	229 P
8	8430	Verhoeven Thor	VAC	11.18	9	203 P
hockeywerpen		Ben Heren Uur=16:22				
Reeks:1						
1	9998	Roan Fieret	NA	26.50m	0	235 P
2	6951	Haesaert Vincent	ACKO	23.68m	8	198 P
3	8150	Van Havere Ruben	SPVI	22.18m	8	179 P
4	8105	Mrabet Ali	VAC	21.51m	8	171 P
5	7877	Flamez Thies	RCT	21.30m	8	168 P
6	7188	Van Goethem Maxim	BONH	20.84m	8	162 P
7	6626	Van Hoye Joren	ACKO	19.31m	8	143 P
8	7880	Vanden Branden Fred	MAC	18.65m	8	135 P
9	8430	Verhoeven Thor	VAC	18.62m	9	134 P
10	7900	De Pooter Jules	SPVI	18.60m	9	134 P
11	8573	Ogbeide Jalen	DAC	18.06m	9	127 P
12	8357	De Saeger Lukas	DAC	16.80m	8	111 P
13	7478	Van Steen Jef	VAC	16.55m	9	108 P
14	7837	Smeets Arnaud	BERT	16.15m	9	103 P

15	6800	De Ridder Larsen	LOND	16.03m	8	102 P
16	8550	Pinxten Dieter	VAC	15.73m	8	98 P
17	8114	Thielemans Anthony	GRIM	14.37m	8	81 P
18	8449	Lecat Adam	VAC	14.19m	8	79 P
19	8336	Van Vlasselaer Ruben	GRIM	14.06m	8	77 P
20	8273	Vanden Eynde Menno	DAC	13.24m	8	67 P
21	8654	Van Bellinghen Io	DAC	11.93m	9	51 P
22	8151	De Vlaminck Lennon	VITA	10.46m	9	34 P
23	7202	Desmet Robbe	ACP	8.56m	8	11 P

verspringen Ben Heren Uur=14:42

Reeks:1

1	7900	De Pooter Jules	SPVI	4.07m	9	371 P
2	8114	Thielemans Anthony	GRIM	3.52m	8	245 P
3	9998	Roan Fieret	NA	3.32m	0	203 P
4	6800	De Ridder Larsen	LOND	3.32m	8	203 P
5	6951	Haesaert Vincent	ACKO	3.29m	8	197 P
6	8449	Lecat Adam	VAC	3.29m	8	197 P
7	7880	Vanden Branden Fred	MAC	3.26m	8	191 P
8	8357	De Saeger Lukas	DAC	3.26m	8	191 P
9	7877	Flamez Thies	RCT	3.26m	8	191 P
10	7837	Smeets Arnaud	BERT	3.25m	9	189 P
11	8150	Van Havere Ruben	SPVI	3.12m	8	164 P
12	8550	Pinxten Dieter	VAC	3.01m	8	143 P
13	7188	Van Goethem Maxim	BONH	2.97m	8	136 P
14	8430	Verhoeven Thor	VAC	2.97m	9	136 P
15	8573	Ogbeide Jalen	DAC	2.95m	9	132 P
16	7478	Van Steen Jef	VAC	2.75m	9	98 P
17	8654	Van Bellinghen Io	DAC	2.66m	9	83 P
18	8273	Vanden Eynde Menno	DAC	2.64m	8	80 P
19	8151	De Vlaminck Lennon	VITA	2.56m	9	68 P
20	6626	Van Hoye Joren	ACKO	2.55m	8	66 P
21	8336	Van Vlasselaer Ruben	GRIM	2.46m	8	54 P
22	8105	Mrabet Ali	VAC	2.41m	8	47 P
23	7202	Desmet Robbe	ACP	1.92m	8	0 P

600 meter Ben Heren Uur=17:09

Reeks:1

1	9998	Roan Fieret	NA	2'03.17	0	518 P
2	6951	Haesaert Vincent	ACKO	2'07.90	8	452 P
3	7900	De Pooter Jules	SPVI	2'09.50	9	431 P
4	8449	Lecat Adam	VAC	2'10.41	8	419 P
5	6626	Van Hoye Joren	ACKO	2'11.81	8	400 P
6	8573	Ogbeide Jalen	DAC	2'13.78	9	376 P
7	7877	Flamez Thies	RCT	2'14.94	8	361 P
8	8150	Van Havere Ruben	SPVI	2'15.99	8	349 P
9	6800	De Ridder Larsen	LOND	2'19.46	8	308 P
10	7837	Smeets Arnaud	BERT	2'19.99	9	302 P
11	7880	Vanden Branden Fred	MAC	2'28.15	8	217 P
12	7188	Van Goethem Maxim	BONH	2'28.85	8	210 P

600 meter Ben Heren Uur=17:09

Reeks:2

1	8151	De Vlaminck Lennon	VITA	2'18.97	9	314 P
2	8105	Mrabet Ali	VAC	2'22.02	8	280 P
3	7478	Van Steen Jef	VAC	2'24.49	9	253 P
4	8430	Verhoeven Thor	VAC	2'25.03	9	248 P
5	8654	Van Bellinghen Io	DAC	2'26.81	9	230 P
6	8273	Vanden Eynde Menno	DAC	2'27.81	8	220 P
7	8336	Van Vlasselaer Ruben	GRIM	2'31.03	8	190 P
8	8550	Pinxten Dieter	VAC	2'34.87	8	157 P
9	8357	De Saeger Lukas	DAC	2'36.63	8	142 P
10	7202	Desmet Robbe	ACP	3'06.06	8	3 P
11	8114	Thielemans Anthony	GRIM	3'08.04	8	1 P

vierkamp Pup Dames Uur=16:56

Reeks:1

1	5762	Houbrigts Jill	RCT	2203p	6
2	3789	Segers Laura	EA	1886p	6
3	5181	Van Der Elst Marie	DAC	1616p	6
4	5190	Rawoe Annabel	DAC	1615p	6
5	4496	Devriendt Eden	GRIM	1586p	6
6	4497	Devriendt Sara	GRIM	1516p	6
7	3999	Bellemans Gitte	DCLA	1491p	6
8	5448	De Mey Luna	DAC	1345p	6
9	4626	Verdickt Amber	VAC	1339p	6
10	4624	Chovau Bente	VAC	1321p	7
11	5041	Vandenbossche Elena	MAC	1320p	7
12	5452	Leroy Liese	DAC	1306p	6
13	5189	Cuppens Janne	RCT	1298p	7
14	5178	De Smet Lena	DAC	1279p	6
15	9991	Princess Aluko	ATLE	1277p	0
16	5406	Robion Marthe	ACKO	1272p	6
17	4054	Van der Vurst Inez	RAM	1271p	7
18	4256	Storms Silke	ROBA	1270p	6
19	4782	Endels Lise	BAV	1208p	7
20	4338	Breynaert Merel	ACP	1206p	7
21	4406	Renard Marit	DCLA	1154p	7
22	5226	Van Mieghem Estee	DAC	1138p	6
23	4794	Wathion Rane	ACA	1109p	6
24	5811	Psaroudakis Thalia	DAC	1095p	6
25	5691	Van Bellinghen Lili	DAC	1090p	7
26	4657	Molina Annabel	BERT	1059p	7
27	5183	Lambrechts Lise	AVZK	1038p	7
28	4492	De Swert Lieselot	GRIM	1027p	7
29	5591	Van Molle Emma	DCLA	996p	6
30	5435	Janssens Tine	MAC	983p	6
31	5229	Haest Louise	DAC	949p	7
32	5708	Asnouss Manal	MAC	922p	6
33	4625	Van Steen Lotte	VAC	908p	6

34	5177	Oosthoek Jade	DAC	900p	7
35	4404	Van Puyvelde Roos	DCLA	836p	6
36	4925	Barri Febe	VAC	825p	6
37	5378	Stroobants Juliette	DAC	770p	6
38	5001	Creemers Babette	VAC	732p	7
39	3962	Janssens Stella	LOND	725p	7
40	4604	Schaerlaeken Ine	VAC	687p	6
41	5266	De Vlaminck Alizé	VITA	431p	7
42	4084	Dieleman Caitlin	ACKO	401p	7
43	9997	Elya Jackson	NA	308p	0
44	5210	Rauwoens Cathinca	BONH	303p	7
45	5073	Kara Berfin	SPVI	111p	7

60 meter Pup Dames Uur=14:48

Reeks:1

1	5762	Houbrigts Jill	RCT	8.98	6	670 P
2	4496	Devriendt Eden	GRIM	9.39	6	565 P
3	5181	Van Der Elst Marie	DAC	9.43	6	555 P
4	5448	De Mey Luna	DAC	9.57	6	521 P
5	4054	Van der Vurst Inez	RAM	10.03	7	417 P
6	4782	Endels Lise	BAV	10.15	7	391 P
7	4604	Schaerlaeken Ine	VAC	10.94	6	242 P
8	5266	De Vlaminck Alizé	VITA	11.87	7	108 P

60 meter Pup Dames Uur=14:48

Reeks:2

1	5190	Rawoe Annabel	DAC	9.08	6	643 P
2	3789	Segers Laura	EA	9.19	6	615 P
3	4497	Devriendt Sara	GRIM	9.58	6	519 P
4	4492	De Swert Lieselot	GRIM	9.98	7	428 P
5	4657	Molina Annabel	BERT	10.45	7	331 P
6	5177	Oosthoek Jade	DAC	10.64	7	295 P
7	5378	Stroobants Juliette	DAC	10.69	6	286 P
8	5073	Kara Berfin	SPVI	13.83	7	0 P

60 meter Pup Dames Uur=14:48

Reeks:3

1	4256	Storms Silke	ROBA	9.84	6	459 P
2	5591	Van Molle Emma	DCLA	9.94	6	436 P
3	5811	Psaroudakis Thalia	DAC	10.2	6	381 P
4	4794	Wathion Rane	ACA	10.21	6	379 P
5	4338	Breynaert Merel	ACP	10.48	7	325 P
6	5229	Haest Louise	DAC	10.59	7	304 P
7	3962	Janssens Stella	LOND	11.06	7	222 P
8	9997	Elya Jackson	NA	12.04	0	89 P

60 meter Pup Dames Uur=14:48

Reeks:4

1	5178	De Smet Lena	DAC	9.24	6	602 P
2	5406	Robion Marthe	ACKO	9.62	6	509 P

3	4626	Verdickt Amber	VAC	9.64	6	505 P
4	5452	Leroy Liese	DAC	10.04	6	415 P
5	5041	Vandenbossche Elena	MAC	10.09	7	404 P
6	5226	Van Mieghem Estee	DAC	10.19	6	383 P
7	5691	Van Bellinghen Lili	DAC	10.38	7	345 P

60 meter Pup Dames Uur=14:48

Reeks:5

1	3999	Bellemans Gitte	DCLA	9.3	6	587 P
2	5183	Lambrechts Lise	AVZK	10.02	7	419 P
3	4404	Van Puyvelde Roos	DCLA	10.06	6	410 P
4	4624	Chovau Bente	VAC	10.1	7	402 P
5	5435	Janssens Tine	MAC	10.19	6	383 P
6	4925	Barri Febe	VAC	10.47	6	327 P
7	5001	Creemers Babette	VAC	10.57	7	308 P
8	4084	Dieleman Caitlin	ACKO	10.84	7	259 P

60 meter Pup Dames Uur=14:48

Reeks:6

1	9991	Princess Aluko	ATLE	9.5	0	538 P
2	5189	Cuppens Janne	RCT	9.86	7	454 P
3	4406	Renard Marit	DCLA	9.95	7	434 P
4	5708	Asnouss Manal	MAC	10.25	6	371 P
5	4625	Van Steen Lotte	VAC	10.57	6	308 P
6	5210	Rauwoens Cathinca	BONH	12.39	7	55 P

kogelstoten 2,000kg Pup Dames Uur=14:32

Reeks:1

1	5762	Houbrigts Jill	RCT	9.01m	6	481 P
2	4496	Devriendt Eden	GRIM	7.44m	6	376 P
3	3789	Segers Laura	EA	7.11m	6	354 P
4	4497	Devriendt Sara	GRIM	6.86m	6	338 P
5	5181	Van Der Elst Marie	DAC	6.66m	6	324 P
6	4404	Van Puyvelde Roos	DCLA	5.55m	6	251 P
7	4256	Storms Silke	ROBA	5.52m	6	249 P
8	4626	Verdickt Amber	VAC	5.50m	6	248 P
9	5708	Asnouss Manal	MAC	5.49m	6	247 P
10	4925	Barri Febe	VAC	5.43m	6	244 P
11	4794	Wathion Rane	ACA	5.36m	6	239 P
12	3999	Bellemans Gitte	DCLA	5.35m	6	238 P
13	5041	Vandenbossche Elena	MAC	5.29m	7	234 P
14	5406	Robion Marthe	ACKO	5.26m	6	233 P
15	5448	De Mey Luna	DAC	5.06m	6	220 P
16	4624	Chovau Bente	VAC	4.99m	7	215 P
17	5177	Oosthoek Jade	DAC	4.86m	7	207 P
18	5190	Rawoe Annabel	DAC	4.82m	6	204 P
19	4782	Endels Lise	BAV	4.75m	7	199 P
20	9991	Princess Aluko	ATLE	4.71m	0	197 P
21	4604	Schaerlaeken Ine	VAC	4.68m	6	195 P
22	5591	Van Molle Emma	DCLA	4.68m	6	195 P

23	4054	Van der Vurst Inez	RAM	4.56m	7	187 P
24	4338	Breynaert Merel	ACP	4.47m	7	181 P
25	4657	Molina Annabel	BERT	4.38m	7	176 P
26	5210	Rauwoens Cathinca	BONH	4.29m	7	170 P
27	5452	Leroy Liese	DAC	4.27m	6	169 P
28	3962	Janssens Stella	LOND	4.26m	7	168 P
29	5691	Van Bellinghen Lili	DAC	4.24m	7	167 P
30	5378	Stroobants Juliette	DAC	4.20m	6	164 P
31	5435	Janssens Tine	MAC	4.18m	6	163 P
32	5183	Lambrechts Lise	AVZK	4.14m	7	160 P
33	5811	Psaroudakis Thalia	DAC	4.04m	6	154 P
34	4625	Van Steen Lotte	VAC	3.99m	6	151 P
35	5229	Haest Louise	DAC	3.95m	7	148 P
36	5226	Van Mieghem Estee	DAC	3.90m	6	145 P
37	5266	De Vlaminck Alizé	VITA	3.86m	7	142 P
38	4492	De Swert Lieselot	GRIM	3.82m	7	140 P
39	5001	Creemers Babette	VAC	3.78m	7	137 P
40	9997	Elya Jackson	NA	3.73m	0	134 P
41	4084	Dieleman Caitlin	ACKO	3.71m	7	133 P
42	5189	Cuppens Janne	RCT	3.68m	7	131 P
43	5073	Kara Berfin	SPVI	3.36m	7	111 P
44	4406	Renard Marit	DCLA	2.72m	7	71 P
	5178	De Smet Lena	DAC	GP	6	0 P

verspringen Pup Dames Uur=16:02

Reeks:1

1	5762	Houbrigts Jill	RCT	4.31m	6	431 P
2	3789	Segers Laura	EA	4.12m	6	384 P
3	5452	Leroy Liese	DAC	3.69m	6	283 P
4	5181	Van Der Elst Marie	DAC	3.63m	6	269 P
5	4794	Wathion Rane	ACA	3.59m	6	260 P
6	4256	Storms Silke	ROBA	3.56m	6	254 P
7	5190	Rawoe Annabel	DAC	3.52m	6	245 P
8	5189	Cuppens Janne	RCT	3.48m	7	237 P
9	4496	Devriendt Eden	GRIM	3.47m	6	234 P
10	4624	Chovau Bente	VAC	3.46m	7	232 P
11	4406	Renard Marit	DCLA	3.44m	7	228 P
12	4338	Breynaert Merel	ACP	3.29m	7	197 P
13	5041	Vandenbossche Elena	MAC	3.26m	7	191 P
14	5183	Lambrechts Lise	AVZK	3.22m	7	183 P
15	5178	De Smet Lena	DAC	3.22m	6	183 P
16	4404	Van Puyvelde Roos	DCLA	3.18m	6	175 P
17	4626	Verdickt Amber	VAC	3.18m	6	175 P
18	5448	De Mey Luna	DAC	3.17m	6	173 P
19	3999	Bellemans Gitte	DCLA	3.16m	6	171 P
20	5591	Van Molle Emma	DCLA	3.15m	6	170 P
21	5406	Robion Marthe	ACKO	3.07m	6	154 P
22	4492	De Swert Lieselot	GRIM	3.06m	7	152 P
23	4054	Van der Vurst Inez	RAM	3.05m	7	151 P
24	4497	Devriendt Sara	GRIM	3.03m	6	147 P

25	5229	Haest Louise	DAC	3.01m	7	143 P
26	5001	Creemers Babette	VAC	2.96m	7	134 P
27	5708	Asnouss Manal	MAC	2.90m	6	123 P
28	5226	Van Mieghem Estee	DAC	2.90m	6	123 P
29	5691	Van Bellinghen Lili	DAC	2.89m	7	122 P
30	5811	Psaroudakis Thalia	DAC	2.88m	6	120 P
31	4625	Van Steen Lotte	VAC	2.87m	6	118 P
32	5435	Janssens Tine	MAC	2.85m	6	115 P
33	4925	Barri Febe	VAC	2.70m	6	90 P
34	4782	Endels Lise	BAV	2.69m	7	88 P
35	5177	Oosthoek Jade	DAC	2.64m	7	80 P
36	4604	Schaerlaeken Ine	VAC	2.64m	6	80 P
37	3962	Janssens Stella	LOND	2.56m	7	68 P
38	5378	Stroobants Juliette	DAC	2.49m	6	58 P
39	4657	Molina Annabel	BERT	2.42m	7	48 P
40	5266	De Vlaminck Alizé	VITA	2.41m	7	47 P
41	9997	Elya Jackson	NA	2.38m	0	43 P
42	9991	Princess Aluko	ATLE	2.19m	0	20 P
43	4084	Dieleman Caitlin	ACKO	2.07m	7	9 P
44	5073	Kara Berfin	SPVI	1.90m	7	0 P
45	5210	Rauwoens Cathinca	BONH	1.82m	7	0 P

1000 meter Pup Dames Uur=16:56

Reeks:1

1	5762	Houbrigts Jill	RCT	3'30.70	6	621 P
2	3789	Segers Laura	EA	3'41.12	6	533 P
3	5190	Rawoe Annabel	DAC	3'42.36	6	523 P
4	4497	Devriendt Sara	GRIM	3'43.74	6	512 P
5	3999	Bellemans Gitte	DCLA	3'45.90	6	495 P
6	4624	Chovau Bente	VAC	3'48.91	7	472 P
7	5181	Van Der Elst Marie	DAC	3'49.43	6	468 P
8	5452	Leroy Liese	DAC	3'53.32	6	439 P
9	5448	De Mey Luna	DAC	3'54.34	6	431 P
10	4626	Verdickt Amber	VAC	3'57.08	6	411 P
11	4496	Devriendt Eden	GRIM	3'57.15	6	411 P
12	5406	Robion Marthe	ACKO	4'02.06	6	376 P
13	4256	Storms Silke	ROBA	4'12.51	6	308 P
14	4794	Wathion Rane	ACA	4'25.55	6	231 P

1000 meter Pup Dames Uur=16:56

Reeks:2

1	4782	Endels Lise	BAV	3'41.52	7	530 P
2	9991	Princess Aluko	ATLE	3'42.51	0	522 P
3	4054	Van der Vurst Inez	RAM	3'43.23	7	516 P
4	4338	Breynaert Merel	ACP	3'44.84	7	503 P
5	5178	De Smet Lena	DAC	3'45.98	6	494 P
6	5041	Vandenbossche Elena	MAC	3'46.38	7	491 P
7	5189	Cuppens Janne	RCT	3'48.42	7	476 P
8	5811	Psaroudakis Thalia	DAC	3'53.16	6	440 P
9	4406	Renard Marit	DCLA	3'55.70	7	421 P

10	5435	Janssens Tine	MAC	4'10.22	6	322 P
11	4492	De Swert Lieselot	GRIM	4'12.62	7	307 P
12	5183	Lambrechts Lise	AVZK	4'17.74	7	276 P
13	5591	Van Molle Emma	DCLA	4'32.41	6	195 P
14	5708	Asnouss Manal	MAC	4'35.23	6	181 P
15	4925	Barri Febe	VAC	4'38.68	6	164 P

1000 meter Pup Dames Uur=16:56

Reeks:3

1	4657	Molina Annabel	BERT	3'44.82	7	504 P
2	5226	Van Mieghem Estee	DAC	3'46.98	6	487 P
3	5691	Van Bellinghen Lili	DAC	3'50.98	7	456 P
4	5229	Haest Louise	DAC	4'05.38	7	354 P
5	4625	Van Steen Lotte	VAC	4'08.85	6	331 P
6	5177	Oosthoek Jade	DAC	4'10.79	7	318 P
7	3962	Janssens Stella	LOND	4'19.13	7	267 P
8	5378	Stroobants Juliette	DAC	4'20.07	6	262 P
9	4604	Schaerlaeken Ine	VAC	4'37.48	6	170 P
10	5001	Creemers Babette	VAC	4'41.07	7	153 P
11	5266	De Vlaminck Alizé	VITA	4'45.51	7	134 P
12	5210	Rauwoens Cathinca	BONH	5'00.44	7	78 P
13	9997	Elya Jackson	NA	5'12.89	0	42 P
14	5073	Kara Berfin	SPVI	6'07.89	7	0 P
	4084	Dieleman Caitlin	ACKO	NA	7	0 P

vierkamp Pup Heren Uur=17:35

Reeks:1

1	654	Vinken Cedric	BONH	2259p	6	
2	1666	De Boeck Elshalom	DAC	1986p	6	
3	1837	Van Cutsem Lars	DAC	1956p	6	
4	356	Nange Gabriel	ACKO	1951p	7	
5	1495	Dehaen Pierre	VAC	1859p	6	
6	567	Eelen Jonas	ROBA	1849p	6	
7	9993	Jasper Koole	NA	1848p	0	
8	623	Vermaut Lars	OEH	1747p	7	
9	2194	Gabrielsson Arvid	VAC	1655p	6	
10	9992	Mika Laplume	NA	1634p	0	
11	266	Croonenberghs Remco	ACKO	1624p	6	
12	45	Wachtelaer Tijl	ACKO	1598p	7	
13	2383	Smis Pieter	VAC	1585p	6	
14	57	Moerenhout Oskaar	EA	1567p	6	
15	1382	Smeets Louis	BERT	1537p	7	
16	2153	Coenen Lander	DAC	1516p	6	
17	2026	Rombouts Kamiel	ACKO	1502p	6	
18	9999	Xander Van Loo	NA	1481p	0	
19	178	Hendrickx Arne	GRIM	1407p	6	
20	622	Vermaut Ben	OEH	1358p	6	
21	1934	Pauwels Tuur	DAC	1329p	7	
22	1839	Rogge Cruz Ian	DAC	1318p	6	
23	930	Deckers Oscar	VAC	1251p	7	

24	248	De Ridder Birger	LOND	1249p	6
25	631	Geerts Mauro	BONH	1231p	6
26	1728	Nys Lorenzo	DCLA	1220p	7
27	954	Schots Beamlak	VAC	1199p	7
28	2154	Verstraete Keo	DAC	1183p	7
29	44	Maessen Tibau	VAC	1154p	6
30	955	Degraeve Daan	VAC	1116p	6
31	2071	Van Turenhout Viggo	DAC	1054p	7
32	9996	Kasper Endels	NA	998p	0
33	304	Vandenplas Semeon	DCLA	943p	7
34	1886	Ieroianni Louis	VAC	824p	7
35	9994	zaid Harrouchtourki	ATLE	821p	0
36	641	Dewil Arne	BONH	764p	6
37	2180	Vandenbroeck Xander	ROBA	757p	7
38	2099	Abdellaoui Faysal	ATLE	573p	6
	841	Benoit Maxime	AZW	GP	6

60 meter Pup Heren Uur=14:35

Reeks:1

1	356	Nange Gabriel	ACKO	9.23	7	605 P
2	2383	Smis Pieter	VAC	9.46	6	547 P
3	2194	Gabrielsson Arvid	VAC	9.6	6	514 P
4	9992	Mika Laplume	NA	9.85	0	456 P
5	930	Deckers Oscar	VAC	10.01	7	421 P
6	2099	Abdellaoui Faysal	ATLE	11.74	6	124 P
	841	Benoit Maxime	AZW	NA	6	0 P

60 meter Pup Heren Uur=14:35

Reeks:2

1	1495	Dehaen Pierre	VAC	9.09	6	641 P
2	1666	De Boeck Elshalom	DAC	9.27	6	595 P
3	631	Geerts Mauro	BONH	9.57	6	521 P
4	45	Wachtelaer Tijl	ACKO	9.66	7	500 P
5	9999	Xander Van Loo	NA	9.67	0	497 P
6	44	Maessen Tibau	VAC	9.9	6	445 P
7	2180	Vandenbroeck Xander	ROBA	11.52	7	153 P

60 meter Pup Heren Uur=14:35

Reeks:3

1	654	Vinken Cedric	BONH	8.82	6	713 P
2	248	De Ridder Birger	LOND	9.31	6	584 P
3	2153	Coenen Lander	DAC	9.67	6	497 P
4	955	Degraeve Daan	VAC	9.75	6	479 P
5	2154	Verstraete Keo	DAC	10.01	7	421 P
6	266	Croonenberghs Remco	ACKO	10.03	6	417 P
7	1934	Pauwels Tuur	DAC	10.16	7	389 P

60 meter Pup Heren Uur=14:35

Reeks:4

1	1382	Smeets Louis	BERT	9.17	7	620 P
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2	1728	Nys Lorenzo	DCLA	9.25	7	600 P
3	1837	Van Cutsem Lars	DAC	9.4	6	562 P
4	567	Eelen Jonas	ROBA	9.45	6	550 P
5	623	Vermaut Lars	OEH	9.49	7	540 P
6	622	Vermaut Ben	OEH	9.69	6	493 P
7	178	Hendrickx Arne	GRIM	10.05	6	413 P
8	954	Schots Beamlak	VAC	10.14	7	393 P

60 meter Pup Heren Uur=14:35
Reeks:5

1	57	Moerenhout Oskaar	EA	9.89	6	447 P
2	2026	Rombouts Kamiel	ACKO	9.96	6	432 P
3	1839	Rogge Cruz Ian	DAC	10.28	6	365 P
4	9996	Kasper Endels	NA	10.73	0	279 P
5	304	Vandenplas Semeon	DCLA	11.24	7	194 P

60 meter Pup Heren Uur=14:35
Reeks:6

1	9993	Jasper Koole	NA	9.26	0	597 P
2	1886	Ieroianni Louis	VAC	10.64	7	295 P
3	9994	zaid Harrouchtourki	ATLE	10.81	0	264 P
4	2071	Van Turenhout Viggo	DAC	10.85	7	257 P
5	641	Dewil Arne	BONH	10.9	6	249 P

kogelstoten 2,000kg Pup Heren Uur=15:14
Reeks:1

1	2383	Smis Pieter	VAC	8.24m	6	430 P
2	1666	De Boeck Elshalom	DAC	8.23m	6	429 P
3	266	Croonenberghs Remco	ACKO	7.80m	6	400 P
4	9993	Jasper Koole	NA	7.45m	0	377 P
5	654	Vinken Cedric	BONH	7.45m	6	377 P
6	623	Vermaut Lars	OEH	7.24m	7	363 P
7	622	Vermaut Ben	OEH	7.13m	6	356 P
8	57	Moerenhout Oskaar	EA	6.74m	6	330 P
9	1495	Dehaen Pierre	VAC	6.72m	6	328 P
10	567	Eelen Jonas	ROBA	6.71m	6	328 P
11	9992	Mika Laplume	NA	6.60m	0	320 P
12	1837	Van Cutsem Lars	DAC	6.37m	6	305 P
13	178	Hendrickx Arne	GRIM	6.30m	6	301 P
14	1382	Smeets Louis	BERT	6.22m	7	295 P
15	45	Wachtelaer Tijn	ACKO	6.22m	7	295 P
16	356	Nange Gabriel	ACKO	6.08m	7	286 P
17	2153	Coenen Lander	DAC	5.88m	6	273 P
18	2071	Van Turenhout Viggo	DAC	5.84m	7	270 P
19	1728	Nys Lorenzo	DCLA	5.83m	7	270 P
20	2194	Gabrielsson Arvid	VAC	5.83m	6	270 P
21	44	Maessen Tibau	VAC	5.50m	6	248 P
22	9994	zaid Harrouchtourki	ATLE	5.35m	0	238 P
23	1839	Rogge Cruz Ian	DAC	5.28m	6	234 P
24	2154	Verstraete Keo	DAC	5.20m	7	229 P

25	9996	Kasper Endels	NA	5.18m	0	227 P
26	2026	Rombouts Kamiel	ACKO	5.16m	6	226 P
27	641	Dewil Arne	BONH	5.01m	6	216 P
28	9999	Xander Van Loo	NA	4.95m	0	212 P
29	954	Schots Beamlak	VAC	4.88m	7	208 P
30	1934	Pauwels Tuur	DAC	4.75m	7	199 P
31	631	Geerts Mauro	BONH	4.67m	6	194 P
32	304	Vandenplas Semeon	DCLA	4.40m	7	177 P
33	2180	Vandenbroeck Xander	ROBA	4.29m	7	170 P
34	930	Deckers Oscar	VAC	4.27m	7	169 P
35	2099	Abdellaoui Faysal	ATLE	4.16m	6	162 P
36	1886	Ieroianni Louis	VAC	3.93m	7	147 P
37	248	De Ridder Birger	LOND	3.66m	6	130 P
	955	Degraeve Daan	VAC	GP	6	0 P
	841	Benoit Maxime	AZW	GP	6	0 P

hoogspringen Pup Heren Uur=16:54
Reeks:1

1	654	Vinken Cedric	BONH	1.27m	6	436 P
2	356	Nange Gabriel	ACKO	1.24m	7	407 P
3	1837	Van Cutsem Lars	DAC	1.21m	6	378 P
4	567	Eelen Jonas	ROBA	1.21m	6	378 P
5	1666	De Boeck Elshalom	DAC	1.21m	6	378 P
6	1728	Nys Lorenzo	DCLA	1.18m	7	350 P
7	9993	Jasper Koole	NA	1.15m	0	323 P
8	2026	Rombouts Kamiel	ACKO	1.15m	6	323 P
9	623	Vermaut Lars	OEH	1.15m	7	323 P
10	266	Croonenberghs Remco	ACKO	1.15m	6	323 P
11	2153	Coenen Lander	DAC	1.15m	6	323 P
12	2194	Gabrielsson Arvid	VAC	1.15m	6	323 P
13	1839	Rogge Cruz Ian	DAC	1.10m	6	278 P
14	1382	Smeets Louis	BERT	1.10m	7	278 P
15	1934	Pauwels Tuur	DAC	1.10m	7	278 P
16	955	Degraeve Daan	VAC	1.10m	6	278 P
17	1495	Dehaen Pierre	VAC	1.10m	6	278 P
18	9999	Xander Van Loo	NA	1.10m	0	278 P
19	2383	Smis Pieter	VAC	1.10m	6	278 P
20	57	Moerenhout Oskaar	EA	1.05m	6	235 P
21	304	Vandenplas Semeon	DCLA	1.05m	7	235 P
22	178	Hendrickx Arne	GRIM	1.05m	6	235 P
23	45	Wachtelaer Tijn	ACKO	1.05m	7	235 P
24	631	Geerts Mauro	BONH	1.05m	6	235 P
25	622	Vermaut Ben	OEH	1.00m	6	194 P
26	248	De Ridder Birger	LOND	1.00m	6	194 P
27	44	Maessen Tibau	VAC	1.00m	6	194 P
28	9992	Mika Laplume	NA	1.00m	0	194 P
29	2071	Van Turenhout Viggo	DAC	0.95m	7	156 P
30	954	Schots Beamlak	VAC	0.95m	7	156 P
31	2180	Vandenbroeck Xander	ROBA	0.95m	7	156 P
32	930	Deckers Oscar	VAC	0.95m	7	156 P

33	1886	Ieroianni Louis	VAC	0.90m	7	119 P
34	9994	zaid Harrouchtourki	ATLE	0.90m	0	119 P
35	9996	Kasper Endels	NA	0.90m	0	119 P
36	2154	Verstraete Keo	DAC	0.90m	7	119 P
37	2099	Abdellaoui Faysal	ATLE	0.90m	6	119 P
	641	Dewil Arne	BONH	GP	6	0 P
	841	Benoit Maxime	AZW	NG	6	0 P

1000 meter Pup Heren Uur=17:34
Reeks:1

1	654	Vinken Cedric	BONH	3'18.26	6	733 P
2	1837	Van Cutsem Lars	DAC	3'20.67	6	711 P
3	356	Nange Gabriel	ACKO	3'27.07	7	653 P
4	1495	Dehaen Pierre	VAC	3'31.72	6	612 P
5	567	Eelen Jonas	ROBA	3'33.91	6	593 P
6	1666	De Boeck Elshalom	DAC	3'34.96	6	584 P
7	45	Wachtelaer Tijl	ACKO	3'36.86	7	568 P
8	57	Moerenhout Oskaar	EA	3'38.44	6	555 P
9	9993	Jasper Koole	NA	3'38.88	0	551 P
10	2194	Gabrielsson Arvid	VAC	3'39.27	6	548 P
11	623	Vermaut Lars	OEH	3'42.60	7	521 P
12	2026	Rombouts Kamiel	ACKO	3'42.63	6	521 P
13	9999	Xander Van Loo	NA	3'46.03	0	494 P
14	266	Croonenberghs Remco	ACKO	3'47.33	6	484 P
15	2153	Coenen Lander	DAC	3'55.44	6	423 P
16	1382	Smeets Louis	BERT	4'06.77	7	344 P
17	2383	Smis Pieter	VAC	4'09.00	6	330 P
18	622	Vermaut Ben	OEH	4'11.35	6	315 P
	1728	Nys Lorenzo	DCLA	NA	7	0 P

1000 meter Pup Heren Uur=17:34
Reeks:2

1	9992	Mika Laplume	NA	3'25.81	0	664 P
2	930	Deckers Oscar	VAC	3'44.68	7	505 P
3	1934	Pauwels Tuur	DAC	3'50.11	7	463 P
4	178	Hendrickx Arne	GRIM	3'50.70	6	458 P
5	954	Schots Beamlak	VAC	3'52.88	7	442 P
6	1839	Rogge Cruz Ian	DAC	3'52.97	6	441 P
7	2154	Verstraete Keo	DAC	3'56.63	7	414 P
8	9996	Kasper Endels	NA	4'02.46	0	373 P
9	2071	Van Turenhout Viggo	DAC	4'02.84	7	371 P
10	955	Degraeve Daan	VAC	4'04.62	6	359 P
11	248	De Ridder Birger	LOND	4'07.24	6	341 P
12	304	Vandenplas Semeon	DCLA	4'07.91	7	337 P
13	641	Dewil Arne	BONH	4'13.85	6	299 P
14	631	Geerts Mauro	BONH	4'16.77	6	281 P
15	2180	Vandenbroeck Xander	ROBA	4'17.36	7	278 P
16	44	Maessen Tibau	VAC	4'19.25	6	267 P
17	1886	Ieroianni Louis	VAC	4'19.89	7	263 P
18	9994	zaid Harrouchtourki	ATLE	4'31.38	0	200 P

19	2099	Abdellaoui Faysal	ATLE	4'37.80	6	168 P
	841	Benoit Maxime	AZW	NG	6	0 P

vijfkamp
Reeks:1

Min Dames Uur=18:09

1	8246	Van Hoydonck Evy	VAC	2688p	4	
2	7185	Monbaliu Mirte	DCLA	2384p	4	
3	6886	Ramakers Margo	VAC	2362p	4	
4	8243	Nagels Marthe	DCLA	2327p	4	
5	7927	Koekelkoren Noor	RCT	2218p	5	
6	8039	Fieret Nova	DAC	2188p	4	
7	7219	Nange Marine	ACKO	2140p	5	
8	8222	Walschap Arwen	DAC	2041p	4	
9	7949	Schildermans Ruth	ATLE	1969p	4	
10	8299	Stanson Kato	DAC	1933p	4	
11	8040	Van Mieghem Elise	DAC	1768p	4	
12	7010	Bruyland Lotte	GRIM	1749p	5	
13	7916	De Staercke Kaat	SPVI	1633p	5	
14	8458	Psaroudakis Emmanuella	DAC	1588p	4	
15	8021	Van Cauwenbergh Tine	VAC	1583p	4	
16	7183	Renard Mette	DCLA	1520p	4	
17	8156	Van de Putte Annelore	DAC	1413p	4	
18	7078	Raes Lene	DCLA	1364p	5	
19	7184	Ronsmans Ellen	DCLA	1339p	5	
20	7953	Sephiha Zoé	ATLE	1242p	4	
21	7936	Spreutels Mirthe	VAC	1233p	4	
22	9990	Giovanna Spigoda	NA	1096p	0	

80 meter
Reeks:1

Min Dames Uur=14:36

1	7219	Nange Marine	ACKO	11.18	5	713 P
2	6886	Ramakers Margo	VAC	11.46	4	652 P
3	7949	Schildermans Ruth	ATLE	12.43	4	458 P
4	7183	Renard Mette	DCLA	12.72	4	406 P
5	7953	Sephiha Zoé	ATLE	12.76	4	399 P
6	7078	Raes Lene	DCLA	12.81	5	390 P
7	7916	De Staercke Kaat	SPVI	12.83	5	387 P
8	7184	Ronsmans Ellen	DCLA	13.4	5	295 P

80 meter
Reeks:2

Min Dames Uur=14:36

1	8222	Walschap Arwen	DAC	11.05	4	743 P
2	7185	Monbaliu Mirte	DCLA	11.13	4	724 P
3	8246	Van Hoydonck Evy	VAC	11.37	4	671 P
4	7927	Koekelkoren Noor	RCT	11.59	5	624 P
5	8243	Nagels Marthe	DCLA	11.75	4	590 P
6	8458	Psaroudakis Emmanuella	DAC	12.67	4	415 P
7	9990	Giovanna Spigoda	NA	13.49	0	282 P

80 meter
Min Dames Uur=14:36

Reeks:3

1	8039	Fieret Nova	DAC	11.74	4	593 P
2	8299	Stanson Kato	DAC	12.32	4	478 P
3	8040	Van Mieghem Elise	DAC	12.32	4	478 P
4	8156	Van de Putte Annelore	DAC	12.47	4	451 P
5	8021	Van Cauwenbergh Tine	VAC	12.79	4	394 P
6	7010	Bruyland Lotte	GRIM	12.8	5	392 P
7	7936	Spreutels Mirthe	VAC	13.3	4	310 P

kogelstoten 2,000kg Min Dames Uur=17:51

Reeks:1

1	7927	Koekelkoren Noor	RCT	9.14m	5	490 P
2	8243	Nagels Marthe	DCLA	9.06m	4	485 P
3	6886	Ramakers Margo	VAC	8.92m	4	475 P
4	7936	Spreutels Mirthe	VAC	8.53m	4	449 P
5	8039	Fieret Nova	DAC	8.13m	4	422 P
6	8156	Van de Putte Annelore	DAC	7.86m	4	404 P
7	8246	Van Hoydonck Evy	VAC	7.75m	4	397 P
8	8021	Van Cauwenbergh Tine	VAC	7.33m	4	369 P
9	7183	Renard Mette	DCLA	7.28m	4	365 P
10	7185	Monbaliu Mirte	DCLA	7.03m	4	349 P
11	7949	Schildermans Ruth	ATLE	6.86m	4	338 P
12	8299	Stanson Kato	DAC	6.74m	4	330 P
13	7916	De Staercke Kaat	SPVI	6.73m	5	329 P
14	7184	Ronsmans Ellen	DCLA	6.56m	5	318 P
15	8040	Van Mieghem Elise	DAC	6.44m	4	310 P
16	8222	Walschap Arwen	DAC	6.31m	4	301 P
17	8458	Psaroudakis Emmanuella	DAC	6.06m	4	285 P
18	7010	Bruyland Lotte	GRIM	5.75m	5	264 P
19	7219	Nange Marine	ACKO	5.52m	5	249 P
20	7953	Sephiha Zoé	ATLE	4.77m	4	201 P
21	9990	Giovanna Spigoda	NA	4.48m	0	182 P
22	7078	Raes Lene	DCLA	4.33m	5	172 P

discuswerpen 0,750kg Min Dames Uur=14:24

Reeks:1

1	6886	Ramakers Margo	VAC	16.99m	4	235 P
2	8039	Fieret Nova	DAC	16.51m	4	225 P
3	7927	Koekelkoren Noor	RCT	16.38m	5	222 P
4	8243	Nagels Marthe	DCLA	16.02m	4	215 P
5	8246	Van Hoydonck Evy	VAC	15.60m	4	207 P
6	7010	Bruyland Lotte	GRIM	14.71m	5	190 P
7	8458	Psaroudakis Emmanuella	DAC	13.45m	4	165 P
8	8021	Van Cauwenbergh Tine	VAC	12.94m	4	155 P
9	8299	Stanson Kato	DAC	12.86m	4	154 P
10	7936	Spreutels Mirthe	VAC	12.69m	4	151 P
11	7219	Nange Marine	ACKO	12.25m	5	142 P
12	8040	Van Mieghem Elise	DAC	12.20m	4	141 P
13	8222	Walschap Arwen	DAC	11.61m	4	130 P
14	7916	De Staercke Kaat	SPVI	11.55m	5	129 P

15	7185	Monbaliu Mirte	DCLA	10.86m	4	116 P
16	7184	Ronsmans Ellen	DCLA	10.77m	5	114 P
17	7949	Schildermans Ruth	ATLE	10.65m	4	112 P
18	8156	Van de Putte Annelore	DAC	10.59m	4	111 P
19	7183	Renard Mette	DCLA	10.38m	4	107 P
20	7953	Sepiha Zoé	ATLE	8.98m	4	81 P
21	7078	Raes Lene	DCLA	8.21m	5	68 P
	9990	Giovanna Spigoda	NA	GP	0	0 P

hoogspringen Min Dames Uur=17:13
Reeks:1

1	8246	Van Hoydonck Evy	VAC	1.57m	4	753 P
2	7185	Monbaliu Mirte	DCLA	1.43m	4	600 P
3	6886	Ramakers Margo	VAC	1.40m	4	568 P
4	8222	Walschap Arwen	DAC	1.40m	4	568 P
5	7927	Koekelkoren Noor	RCT	1.37m	5	537 P
6	8039	Fieret Nova	DAC	1.37m	4	537 P
7	7219	Nange Marine	ACKO	1.31m	5	476 P
8	8243	Nagels Marthe	DCLA	1.28m	4	446 P
9	8040	Van Mieghem Elise	DAC	1.20m	4	369 P
10	8299	Stanson Kato	DAC	1.20m	4	369 P
11	8021	Van Cauwenbergh Tine	VAC	1.20m	4	369 P
12	8458	Psaroudakis Emmanuella	DAC	1.20m	4	369 P
13	7949	Schildermans Ruth	ATLE	1.20m	4	369 P
14	7183	Renard Mette	DCLA	1.20m	4	369 P
15	7936	Spreutels Mirthe	VAC	1.15m	4	323 P
16	7010	Bruyland Lotte	GRIM	1.15m	5	323 P
17	7078	Raes Lene	DCLA	1.15m	5	323 P
18	7953	Sepiha Zoé	ATLE	1.15m	4	323 P
19	9990	Giovanna Spigoda	NA	1.15m	0	323 P
20	7916	De Staercke Kaat	SPVI	1.10m	5	278 P
21	7184	Ronsmans Ellen	DCLA	1.05m	5	235 P
22	8156	Van de Putte Annelore	DAC	1.00m	4	194 P

1000 meter Min Dames Uur=18:08
Reeks:1

1	7949	Schildermans Ruth	ATLE	3'22.75	4	692 P
2	8246	Van Hoydonck Evy	VAC	3'26.22	4	660 P
3	8299	Stanson Kato	DAC	3'32.90	4	602 P
4	7185	Monbaliu Mirte	DCLA	3'33.69	4	595 P
5	8243	Nagels Marthe	DCLA	3'34.19	4	591 P
6	7010	Bruyland Lotte	GRIM	3'35.43	5	580 P
7	7219	Nange Marine	ACKO	3'37.81	5	560 P
8	7916	De Staercke Kaat	SPVI	3'44.04	5	510 P
9	8040	Van Mieghem Elise	DAC	3'49.15	4	470 P
10	6886	Ramakers Margo	VAC	3'54.28	4	432 P
11	7078	Raes Lene	DCLA	3'57.10	5	411 P
12	8039	Fieret Nova	DAC	3'57.15	4	411 P
13	7184	Ronsmans Ellen	DCLA	4'01.98	5	377 P
14	8458	Psaroudakis Emmanuella	DAC	4'05.31	4	354 P

15	7927	Koekelkoren Noor	RCT	4'06.64	5	345 P
16	9990	Giovanna Spigoda	NA	4'12.32	0	309 P
17	8222	Walschap Arwen	DAC	4'13.84	4	299 P
18	8021	Van Cauwenbergh Tine	VAC	4'14.33	4	296 P
19	7183	Renard Mette	DCLA	4'18.10	4	273 P
20	8156	Van de Putte Annelore	DAC	4'21.65	4	253 P
21	7953	Sephiha Zoé	ATLE	4'24.22	4	238 P
	7936	Spreutels Mirthe	VAC	NG	4	0 P

vijfkamp

Min Heren Uur=18:23

Reeks:1

1	5866	De Boeck Netsan	DAC	3180p	4	
2	4743	Hendrickx Niels	GRIM	2799p	4	
3	5329	D'haese Luca	ACP	2729p	4	
4	5056	Degrande Wout	SPBO	2559p	4	
5	4618	Wachtelaer Kobe	ACKO	2473p	5	
6	5721	Ginkels Rune	RCT	2352p	5	
7	5870	Van Neygen Zeno	DAC	2105p	5	
8	4813	Croonenberghs Jesse	ACKO	2080p	4	
9	5829	Haest Maxime	DAC	2074p	5	
10	4770	De Schepper Daan	ACKO	2060p	5	
11	5841	Decuyper Lukas	DAC	1991p	4	
12	4303	De Roeck Amaury	WS	1989p	4	
13	5839	Rawoe Arthur	DAC	1957p	4	
14	5107	Coppola Diego	ACKO	1862p	4	
15	5694	Creemers Stan	VAC	1858p	5	
16	4957	Hillen Louis	DCLA	1791p	4	
17	5360	Servaes Thomas	DCLA	1697p	5	
18	4835	Verdegem Jaan	DCLA	1680p	5	
19	6169	Van De Gaer Ferre	GRIM	1655p	5	
20	6151	Vanhaecht Briek	VAC	1620p	4	
21	5867	Stocké Guillaume	DAC	1566p	5	
22	6034	Ieroianni Juul	VAC	1473p	5	
23	4656	Pauwels Siemen	BONH	1410p	5	
24	5763	Heymans Felix	ATLE	1351p	4	
25	5868	Cuvelier Maixent	DAC	1319p	5	
26	5805	De Rouck Jelle	VAC	1300p	4	
27	5609	Bedhiaf Zyad	DCLA	1194p	4	
28	9995	Dimo Stassijns	NA	1184p	0	
29	4657	Pauwels Ruben	BONH	916p	4	

80 meter

Min Heren Uur=15:19

Reeks:1

1	5866	De Boeck Netsan	DAC	10.52	4	868 P
2	5107	Coppola Diego	ACKO	11.67	4	607 P
3	4618	Wachtelaer Kobe	ACKO	11.95	5	550 P
4	5841	Decuyper Lukas	DAC	12.06	4	528 P
5	4957	Hillen Louis	DCLA	12.42	4	460 P
6	5868	Cuvelier Maixent	DAC	12.78	5	395 P
7	5763	Heymans Felix	ATLE	13.2	4	326 P

80 meter Min Heren Uur=15:19

Reeks:2

1	5329	D'haese Luca	ACP	11.15	4	720 P
2	4770	De Schepper Daan	ACKO	11.67	5	607 P
3	6169	Van De Gaer Ferre	GRIM	12	5	540 P
4	4835	Verdegem Jaan	DCLA	12.12	5	516 P
5	5805	De Rouck Jelle	VAC	13.01	4	357 P
6	4656	Pauwels Siemen	BONH	13.26	5	317 P
7	4657	Pauwels Ruben	BONH	13.99	4	212 P

80 meter Min Heren Uur=15:19

Reeks:3

1	5867	Stocké Guillaume	DAC	11.59	5	624 P
2	5721	Ginkels Rune	RCT	11.92	5	556 P
3	5839	Rawoe Arthur	DAC	12.14	4	513 P
4	6151	Vanhaecht Briek	VAC	12.27	4	488 P
5	5829	Haest Maxime	DAC	12.3	5	482 P
6	4303	De Roeck Amaury	WS	12.64	4	420 P
7	6034	Ieroianni Juul	VAC	12.7	5	409 P

80 meter Min Heren Uur=15:19

Reeks:4

1	4743	Hendrickx Niels	GRIM	11.38	4	669 P
2	5694	Creemers Stan	VAC	11.44	5	656 P
3	5056	Degrande Wout	SPBO	11.98	4	544 P
4	5870	Van Neygen Zeno	DAC	12.01	5	538 P
5	5360	Servaes Thomas	DCLA	12.4	5	463 P
6	4813	Croonenberghs Jesse	ACKO	12.98	4	362 P
7	9995	Dimo Stassijns	NA	13.36	0	301 P
8	5609	Bedhiaf Zyad	DCLA	13.97	4	215 P

discuswerpen 0,750kg Min Heren Uur=16:36

Reeks:1

1	4743	Hendrickx Niels	GRIM	25.85m	4	416 P
2	4303	De Roeck Amaury	WS	22.41m	4	344 P
3	5866	De Boeck Netsan	DAC	21.93m	4	335 P
4	5329	D'haese Luca	ACP	20.68m	4	309 P
5	4618	Wachtelaer Kobe	ACKO	20.40m	5	303 P
6	4813	Croonenberghs Jesse	ACKO	19.09m	4	277 P
7	5721	Ginkels Rune	RCT	17.93m	5	253 P
8	5056	Degrande Wout	SPBO	17.37m	4	242 P
9	5694	Creemers Stan	VAC	16.97m	5	234 P
10	5107	Coppola Diego	ACKO	16.76m	4	230 P
11	4657	Pauwels Ruben	BONH	16.28m	4	220 P
12	5360	Servaes Thomas	DCLA	16.24m	5	220 P
13	5829	Haest Maxime	DAC	15.99m	5	215 P
14	4656	Pauwels Siemen	BONH	15.82m	5	211 P
15	4957	Hillen Louis	DCLA	15.72m	4	209 P
16	5841	Decuyper Lukas	DAC	15.07m	4	197 P

17	5870	Van Neygen Zeno	DAC	15.05m	5	196 P
18	6151	Vanhaecht Briek	VAC	14.06m	4	177 P
19	6034	Ieroianni Juul	VAC	13.65m	5	169 P
20	4770	De Schepper Daan	ACKO	13.58m	5	168 P
21	5609	Bedhiaf Zyad	DCLA	13.44m	4	165 P
22	5839	Rawoe Arthur	DAC	13.27m	4	162 P
23	5867	Stocké Guillaume	DAC	12.63m	5	149 P
24	4835	Verdegem Jaan	DCLA	12.01m	5	138 P
25	6169	Van De Gaer Ferre	GRIM	11.48m	5	128 P
26	5763	Heymans Felix	ATLE	11.35m	4	125 P
27	5868	Cuvelier Maixent	DAC	10.09m	5	102 P
28	9995	Dimo Stassijns	NA	9.72m	0	95 P
29	5805	De Rouck Jelle	VAC	8.93m	4	80 P

speerwerpen 400g Min Heren Uur=17:46

Reeks:1

1	5056	Degrande Wout	SPBO	29.17m	4	490 P
2	4743	Hendrickx Niels	GRIM	27.23m	4	451 P
3	4813	Croonenberghs Jesse	ACKO	27.16m	4	450 P
4	5866	De Boeck Netsan	DAC	26.10m	4	429 P
5	4656	Pauwels Siemen	BONH	23.98m	5	386 P
6	4618	Wachtelaer Kobe	ACKO	22.97m	5	366 P
7	5329	D'haese Luca	ACP	21.79m	4	343 P
8	6151	Vanhaecht Briek	VAC	21.69m	4	341 P
9	5609	Bedhiaf Zyad	DCLA	21.16m	4	330 P
10	4303	De Roeck Amaury	WS	20.40m	4	315 P
11	5829	Haest Maxime	DAC	19.79m	5	303 P
12	5721	Ginkels Rune	RCT	19.53m	5	298 P
13	5763	Heymans Felix	ATLE	19.24m	4	292 P
14	5870	Van Neygen Zeno	DAC	18.26m	5	273 P
15	5841	Decuyper Lukas	DAC	18.10m	4	270 P
16	5360	Servaes Thomas	DCLA	17.29m	5	254 P
17	5839	Rawoe Arthur	DAC	16.24m	4	233 P
18	4957	Hillen Louis	DCLA	14.14m	4	192 P
19	4835	Verdegem Jaan	DCLA	13.87m	5	187 P
20	5107	Coppola Diego	ACKO	13.24m	4	175 P
21	4770	De Schepper Daan	ACKO	13.17m	5	174 P
22	4657	Pauwels Ruben	BONH	12.53m	4	161 P
23	6034	Ieroianni Juul	VAC	11.90m	5	149 P
24	5868	Cuvelier Maixent	DAC	11.61m	5	144 P
25	9995	Dimo Stassijns	NA	9.99m	0	113 P
26	6169	Van De Gaer Ferre	GRIM	7.02m	5	57 P
	5694	Creemers Stan	VAC	GP	5	0 P
	5867	Stocké Guillaume	DAC	GP	5	0 P
	5805	De Rouck Jelle	VAC	GP	4	0 P

hoogspringen Min Heren Uur=15:19

Reeks:1

1	5329	D'haese Luca	ACP	1.51m	4	687 P
2	5866	De Boeck Netsan	DAC	1.51m	4	687 P

3	5721	Ginkels Rune	RCT	1.42m	5	589 P
4	5056	Degrande Wout	SPBO	1.42m	4	589 P
5	5870	Van Neygen Zeno	DAC	1.42m	5	589 P
6	6169	Van De Gaer Ferre	GRIM	1.36m	5	526 P
7	4656	Pauwels Siemen	BONH	1.33m	5	496 P
8	5829	Haest Maxime	DAC	1.33m	5	496 P
9	5839	Rawoe Arthur	DAC	1.33m	4	496 P
10	4770	De Schepper Daan	ACKO	1.30m	5	466 P
11	5107	Coppola Diego	ACKO	1.25m	4	417 P
12	4618	Wachtelaer Kobe	ACKO	1.25m	5	417 P
13	4303	De Roeck Amaury	WS	1.25m	4	417 P
14	4743	Hendrickx Niels	GRIM	1.25m	4	417 P
15	5694	Creemers Stan	VAC	1.25m	5	417 P
16	4813	Croonenberghs Jesse	ACKO	1.25m	4	417 P
17	5841	Decuyper Lukas	DAC	1.20m	4	369 P
18	4957	Hillen Louis	DCLA	1.20m	4	369 P
19	5805	De Rouck Jelle	VAC	1.20m	4	369 P
20	6034	Ieroianni Juul	VAC	1.20m	5	369 P
21	5609	Bedhiaf Zyad	DCLA	1.20m	4	369 P
22	5868	Cuvelier Maixent	DAC	1.15m	5	323 P
23	5763	Heymans Felix	ATLE	1.15m	4	323 P
24	4835	Verdegem Jaan	DCLA	1.15m	5	323 P
25	4657	Pauwels Ruben	BONH	1.15m	4	323 P
26	5867	Stocké Guillaume	DAC	1.15m	5	323 P
27	9995	Dimo Stassijns	NA	1.15m	0	323 P
28	6151	Vanhaecht Briek	VAC	1.05m	4	235 P
29	5360	Servaes Thomas	DCLA	1.05m	5	235 P

1000 meter Min Heren Uur=18:22

Reeks:1

1	5866	De Boeck Netsan	DAC	3'05.16	4	861 P
2	4743	Hendrickx Niels	GRIM	3'06.63	4	846 P
3	4618	Wachtelaer Kobe	ACKO	3'07.56	5	837 P
4	5056	Degrande Wout	SPBO	3'22.44	4	694 P
5	5329	D'haese Luca	ACP	3'25.14	4	670 P
6	5721	Ginkels Rune	RCT	3'26.70	5	656 P
7	4770	De Schepper Daan	ACKO	3'27.94	5	645 P
8	5841	Decuyper Lukas	DAC	3'29.95	4	627 P
9	5829	Haest Maxime	DAC	3'35.73	5	578 P
10	4813	Croonenberghs Jesse	ACKO	3'36.12	4	574 P
11	5839	Rawoe Arthur	DAC	3'38.71	4	553 P
12	5870	Van Neygen Zeno	DAC	3'44.09	5	509 P
13	4303	De Roeck Amaury	WS	3'46.15	4	493 P
14	5107	Coppola Diego	ACKO	3'54.05	4	433 P
	4656	Pauwels Siemen	BONH	NA	5	0 P

1000 meter Min Heren Uur=18:22

Reeks:2

1	4957	Hillen Louis	DCLA	3'37.72	4	561 P
2	5694	Creemers Stan	VAC	3'38.87	5	551 P

3	5360	Servaes Thomas	DCLA	3'42.10	5	525 P
4	4835	Verdegem Jaan	DCLA	3'43.23	5	516 P
5	5805	De Rouck Jelle	VAC	3'45.99	4	494 P
6	5867	Stocké Guillaume	DAC	3'49.17	5	470 P
7	6169	Van De Gaer Ferre	GRIM	3'58.16	5	404 P
8	6151	Vanhaecht Briek	VAC	4'01.71	4	379 P
9	6034	Ieroianni Juul	VAC	4'01.88	5	377 P
10	5868	Cuvelier Maixent	DAC	4'05.16	5	355 P
11	9995	Dimo Stassijns	NA	4'05.59	0	352 P
12	5763	Heymans Felix	ATLE	4'16.24	4	285 P
13	5609	Bedhiaf Zyad	DCLA	4'50.10	4	115 P
	4657	Pauwels Ruben	BONH	NG	4	0 P

vijfkamp Cad Dames Uur=18:28

Reeks:1

1	41	Iven Kayla	RESC	2855p	2	
2	146	Reichow Mia*	WS	2555p	2	
3	855	Milloen Nele	AVZK	2155p	2	
4	1369	Willems Lot	VAC	2111p	2	
5	875	Maton Nina	VAC	2088p	2	
6	874	Binst Anne-sophie	VAC	1930p	2	
7	1853	Coddens Charlotte	DAC	1748p	3	
8	1572	Creemers Lola	VAC	1733p	3	
9	1358	Delmeire Lucie	VAC	1704p	3	
10	1525	Lambert Marie	VAC	1579p	3	
11	1357	Delmeire Chloé	VAC	1349p	3	

100 meter Cad Dames Uur=14:06

Reeks:1 Wind : -0.7

1	1853	Coddens Charlotte	DAC	13.67	3	657 P
2	1369	Willems Lot	VAC	13.8	2	636 P
3	855	Milloen Nele	AVZK	13.93	2	615 P
4	41	Iven Kayla	RESC	14.02	2	601 P
5	874	Binst Anne-sophie	VAC	15.27	2	420 P

100 meter Cad Dames Uur=14:06

Reeks:2 Wind : 1.0

1	146	Reichow Mia*	WS	13	2	769 P
2	1572	Creemers Lola	VAC	13.74	3	645 P
3	1358	Delmeire Lucie	VAC	14.26	3	564 P
4	875	Maton Nina	VAC	14.61	2	512 P
5	1357	Delmeire Chloé	VAC	14.8	3	485 P
6	1525	Lambert Marie	VAC	14.96	3	462 P

kogelstoten 3,000kg Cad Dames Uur=15:25

Reeks:1

1	41	Iven Kayla	RESC	10.33m	2	551 P
2	146	Reichow Mia*	WS	9.97m	2	527 P
3	874	Binst Anne-sophie	VAC	8.97m	2	462 P
4	1369	Willems Lot	VAC	8.25m	2	416 P

5	875	Maton Nina	VAC	8.11m	2	406 P
6	855	Milloen Nele	AVZK	7.54m	2	370 P
7	1853	Coddens Charlotte	DAC	7.51m	3	368 P
8	1357	Delmeire Chloé	VAC	7.12m	3	343 P
9	1358	Delmeire Lucie	VAC	6.59m	3	309 P
10	1525	Lambert Marie	VAC	5.81m	3	259 P
11	1572	Creemers Lola	VAC	5.00m	3	208 P

speerwerpen 500g Cad Dames Uur=14:00

Reeks:1

1	41	Iven Kayla	RESC	38.76m	2	644 P
2	146	Reichow Mia*	WS	28.55m	2	449 P
3	875	Maton Nina	VAC	26.20m	2	405 P
4	874	Binst Anne-sophie	VAC	20.26m	2	294 P
5	1369	Willems Lot	VAC	20.11m	2	291 P
6	1358	Delmeire Lucie	VAC	18.24m	3	256 P
7	855	Milloen Nele	AVZK	17.95m	2	251 P
8	1357	Delmeire Chloé	VAC	17.38m	3	240 P
9	1572	Creemers Lola	VAC	14.30m	3	184 P
10	1525	Lambert Marie	VAC	13.64m	3	172 P
11	1853	Coddens Charlotte	DAC	11.74m	3	137 P

verspringen Cad Dames Uur=17:33

Reeks:1

1	146	Reichow Mia*	WS	4.44m	0	2	413 P
2	41	Iven Kayla	RESC	4.44m	-0.1	2	413 P
3	1369	Willems Lot	VAC	4.33m	1.3	2	386 P
4	1572	Creemers Lola	VAC	4.22m	0.2	3	359 P
5	855	Milloen Nele	AVZK	4.18m	0.6	2	350 P
6	875	Maton Nina	VAC	3.90m	0.1	2	285 P
7	1357	Delmeire Chloé	VAC	3.88m	1.3	3	281 P
8	1853	Coddens Charlotte	DAC	3.73m	0.1	3	248 P
9	1358	Delmeire Lucie	VAC	3.69m	1	3	239 P
10	874	Binst Anne-sophie	VAC	3.64m	0.7	2	229 P
11	1525	Lambert Marie	VAC	3.63m	0.3	3	227 P

800 meter Cad Dames Uur=18:27

Reeks:1

1	41	Iven Kayla	RESC	2'33.80	2	646 P
2	855	Milloen Nele	AVZK	2'40.30	2	569 P
3	874	Binst Anne-sophie	VAC	2'44.27	2	525 P
4	875	Maton Nina	VAC	2'48.47	2	480 P
5	1525	Lambert Marie	VAC	2'50.47	3	459 P
6	146	Reichow Mia*	WS	2'56.69	2	397 P
7	1369	Willems Lot	VAC	2'58.19	2	382 P
8	1853	Coddens Charlotte	DAC	3'02.93	3	338 P
9	1572	Creemers Lola	VAC	3'03.06	3	337 P
10	1358	Delmeire Lucie	VAC	3'03.20	3	336 P
	1357	Delmeire Chloé	VAC	NG	3	0 P

vijfkamp Cad Heren Uur=16:18

Reeks:1

1	1044	Misplon Jef	RCG	2654p	2
2	901	Van Puyvelde Tuur	DCLA	2416p	2
3	1458	Van Stiphout Gillian	RCT	2136p	2
4	1609	Serré Ruben	DAC	1782p	2
5	1514	Lambrechts Maarten	AVZK	1497p	3
6	1352	De Wachter Stijn	VAC	1207p	3
7	1672	Pringier Luka	VAC	930p	3
8	678	Binst Julien	EA	782p	2
9	1534	Boelaert Nick	DAC	485p	3

100 meter Cad Heren Uur=14:12

Reeks:1 Wind : -1.2

1	1514	Lambrechts Maarten	AVZK	13.13	3	446 P
2	678	Binst Julien	EA	13.28	2	421 P
3	1534	Boelaert Nick	DAC	14.53	3	241 P
4	1672	Pringier Luka	VAC	16.04	3	85 P

100 meter Cad Heren Uur=14:12

Reeks:2 Wind : -0.8

1	901	Van Puyvelde Tuur	DCLA	12.18	2	616 P
2	1609	Serré Ruben	DAC	12.5	2	556 P
3	1458	Van Stiphout Gillian	RCT	12.76	2	509 P
4	1044	Misplon Jef	RCG	12.83	2	497 P
5	1352	De Wachter Stijn	VAC	14.04	3	307 P

speerwerpen 600g Cad Heren Uur=15:22

Reeks:1

1	1044	Misplon Jef	RCG	44.10m	2	502 P
2	901	Van Puyvelde Tuur	DCLA	36.55m	2	392 P
3	1458	Van Stiphout Gillian	RCT	33.26m	2	345 P
4	1672	Pringier Luka	VAC	26.83m	3	255 P
5	1514	Lambrechts Maarten	AVZK	24.61m	3	224 P
6	1352	De Wachter Stijn	VAC	16.08m	3	109 P
7	1609	Serré Ruben	DAC	14.16m	2	84 P
	1534	Boelaert Nick	DAC	NG	3	0 P
	678	Binst Julien	EA	NG	2	0 P

kogelstoten 4,000kg Cad Heren Uur=15:47

Reeks:1

1	1044	Misplon Jef	RCG	13.05m	2	670 P
2	1458	Van Stiphout Gillian	RCT	12.43m	2	633 P
3	901	Van Puyvelde Tuur	DCLA	10.97m	2	544 P
4	1609	Serré Ruben	DAC	9.68m	2	466 P
5	1672	Pringier Luka	VAC	8.55m	3	399 P
6	1352	De Wachter Stijn	VAC	7.75m	3	352 P
7	1514	Lambrechts Maarten	AVZK	7.15m	3	316 P
	1534	Boelaert Nick	DAC	NG	3	0 P
	678	Binst Julien	EA	NG	2	0 P

verspringen Cad Heren Uur=13:57

Reeks:1

1	1044	Misplon Jef	RCG	5.41m	-0.5	2	463 P
2	901	Van Puyvelde Tuur	DCLA	5.29m	1	2	439 P
3	1609	Serré Ruben	DAC	5.17m	-0.4	2	415 P
4	678	Binst Julien	EA	4.89m	0.1	2	361 P
5	1458	Van Stiphout Gillian	RCT	4.62m	0.1	2	312 P
6	1514	Lambrechts Maarten	AVZK	4.46m	-1.1	3	283 P
7	1352	De Wachter Stijn	VAC	4.29m	-1.7	3	254 P
8	1534	Boelaert Nick	DAC	4.23m	0.6	3	244 P
9	1672	Pringier Luka	VAC	3.48m	1.3	3	127 P

800 meter Cad Heren Uur=16:18

Reeks:1

1	1044	Misplon Jef	RCG	2'15.09		2	522 P
2	901	Van Puyvelde Tuur	DCLA	2'21.89		2	425 P
3	1458	Van Stiphout Gillian	RCT	2'28.73		2	337 P
4	1609	Serré Ruben	DAC	2'35.34		2	261 P
5	1514	Lambrechts Maarten	AVZK	2'38.54		3	228 P
6	1352	De Wachter Stijn	VAC	2'42.92		3	185 P
7	1672	Pringier Luka	VAC	2'59.08		3	64 P
	678	Binst Julien	EA	NG		2	0 P
	1534	Boelaert Nick	DAC	NG		3	0 P